

We've detailed the current All England Dance criteria for your information which can be found on their website.

Ballet

To include Classical Ballet/ Stylised Ballet/ Modern Ballet. Any style of Ballet may be danced in this section. One dance only per competitor.

CLASSICAL BALLETT should include Adage and Allegro. Costumes should ensure that every aspect of Classical Technique is clearly visible. Repertoire is not allowed.

STYLISED BALLETT. A communication of an idea through movement, danced with Classical Technique when using hand props or with a traditional style, such as Hornpipe, Spanish, Tarantella. Soft or pointe shoes must be worn.

MODERN BALLETT. A fusion which combines Classical Ballet and Modern Ballet genres but may be danced with a parallel line of leg.

PLEASE NOTE IN THIS SECTION SOFT OR POINTE SHOES MUST BE WORN

Character

A dramatic, artistic or sometimes humorous presentation of:

- A story /character from any book, poem, play, film, history, cartoon, original created theme, etc.
- The mannerisms and essential features of animals, birds, insects, reptiles, virus, and topical interpretations of abstract themes.

Appropriate technique for the character should be used. This is a classical dance style.

Contemporary

Technically the work may reference Limon / Horton / Graham / Cunningham / Release / Flying Low / GaGa or any other recognised Contemporary technique and should be underpinned with a strong classical base. The work should show an understanding of choreographic content and a clear reference to the defined principles of contraction and release, fall and rebound, use of breath and gravity and successive or initiated movement. Whilst there is an athletic strength to the work, acrobatic work should be minimal and used only to enhance the choreographic work. Floorwork should be embraced and used to make clear transitions/patterning.

Music: The range of music choices for contemporary is very broad. Classical, contemporary, folk, world, popular music are acceptable. Spoken word, text, or found sound are all to be encouraged.

Costume: This should be considered to be part of the design of the overall piece of choreography and should complement and enhance the movement vocabulary. The style can be unique/original and should make the aesthetic look of the piece coherent. Socks may be worn if they are safe.

Titles: A title for the piece should be given to describe and inform the audience of the choreographic intention.

Greek

Following the technique of Ruby Ginner, classical Greek is performed barefoot and essentially showing the use of opposition and relaxation through the movement which was core to Ms Ginner's work. Dances should reflect the title. Myths, studies from nature and modern-day themes are acceptable, together with the accompaniment of many different genres of music or the spoken word, provided the movements are given their appropriate interpretation and relate to one or more of the seven styles of this technique. (The seven styles of Greek dance are; Lyric, Athletic, Bacchic, Pyrrhic, Choric, Ritual, Tragic) There is an exciting world of Classical Greek beyond Lyrical to explore!

Modern/Lyrical Modern

The range of choreographic styles and techniques is diverse. Modern, Lyrical, Jazz, Commercial, Hip Hop and all styles of Modern Theatre Dance are appropriate. These styles are informed by the choice of music, and from that the choreography should reflect the movement vocabulary. Acrobatic/Gymnastic movements are acceptable but must be combined with a recognisable dance technique and a theatrical and artistic quality. However acrobatic 'tricks' should be minimal and not become the main focus of the choreography. All routines should observe safe dance practice and MUST be appropriate for the age and